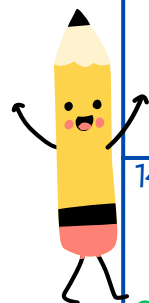




LUNCHES BY COUSINS MIKE

September

REAL FOOD. REAL CHEFS. REAL INGREDIENTS.
MADE BY HAND IN PHILADELPHIA



Monday	Tuesday	Wednesday	Thursday	Friday
7 14 Baked Mac & Cheese with Peas & Carrots (v) Colorful Couscous Salad w/ Cucumbers, Carrots, Chickpeas & Corn (v)	8 Chicken Taco Bowl with Rice, Beans & Tortilla Chips (GF) Cheese Tortellini Salad & Buttered Roll (v)	9 Toasted Turkey & Cheese Wrap with Tater Tots Cheese Tortellini Salad & Buttered Roll (v)	10 Our Signature Homemade Chicken Nuggets w/ Couscous & Corn Muffin Cheese Tortellini Salad & Buttered Roll (v)	11 Personal Cheese Pizza with a Fresh Baked Chocolate Chip Cookie! 18 Personal Cheese Pizza with a Fresh Baked Chocolate Chip Cookie!
21 Spaghetti & Meatballs with Slow Simmered Marinara, Topped with Parmesan Cheese Hummus with Rice Crackers & Crudite (v) (GF)	22 Our Signature Homemade Popcorn Chicken Bites with Roasted Honey Glazed Carrots Hummus with Rice Crackers & Crudite (v) (GF)	23 French Toast with Baked Cinnamon Apples & Maple Syrup Hummus with Rice Crackers & Crudite (v) (GF)	24 Our Famous Chicken Parm Sliders with Caesar Style Broccoli Hummus with Rice Crackers & Crudite (v) (GF)	25 Personal Cheese Pizza with a Fresh Baked Chocolate Chip Cookie!
28 Baked Cheesy Ziti & String Beans (v) Rice Noodle Buddha Bowl with Edamame (v) (GF)	29 Chicken & Biscuit Basket: Roasted Chicken Drumstick & Buttermilk Biscuit Rice Noodle Buddha Bowl with Edamame (v) (GF)	30 Super Grilled Cheese with Ranch Twists & Veggie Sticks (v) Rice Noodle Buddha Bowl with Edamame (v) (GF)		

ORDER HERE: <https://cousinsmike12.com/schoollunchprogram>

CONTACT US: support@cousinsmike12.com

